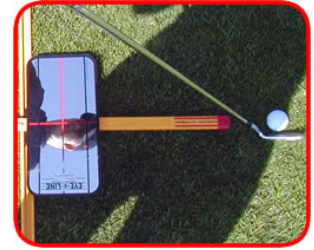


# Square Clubface

What does it mean?

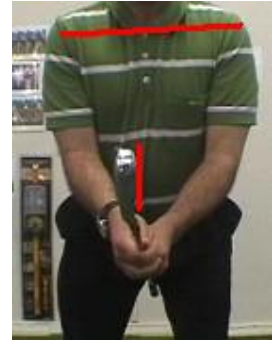
How can you check it?

Most golfers relate the word “Square” to the clubface being square to the intended target line at set up. The image at right shows how most people are taught this concept. This is correct but it is only half the story, **the clubface should also be Square to the body at set up and stay that way throughout the swing.**



*Please read on*

The **picture** at right demonstrates the clubface being square to the body i.e. the face of the club is at 90 degrees to my body indicated by the redline across my shoulders. If the club is put on the ground from this position the club will be also square to the target line.



**So why is this important?**

If the clubface stays square to the body throughout the swing, then the club face will also be square to the target line when it returns to impact!

**“Square is the term used to describe the clubface’s relationship to the body “**

**Below** is a great drill to help you understand the club face’s relationship to the body during the swing. Hold the club near the club head and at chest height, this makes it easy to see the clubface. Notice in frame 1 the clubface is at 90 degrees or “square” to my body (shoulders), as I make a small backswing and follow through keeping body angles constant the clubface maintains it relationship to my body. The bottom frame shows the view from behind notice the face of the club is still square to my body



## Common problems/ misunderstandings

- **If** during the backswing the clubface becomes closed to the body then at some point it has to open again in order for the ball to be hit straight and at the true loft of the club being used, conversely if it opens it has to close again and so on.
- A lot of people have a concept of keeping the club square to the target line or going straight back on the backswing, but by doing this the clubface will close to the body and create a host of other issues as well.
- People who focus on a one piece takeaway will also if not careful affect the clubface and its relationship to the body.
- For those who have lessons with me will know all about these problems! If you have forgotten time to come in again.